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Per Se Alum Helms New ‘Wellness’ Center Restaurant — and More Openings

A weekly updated roundup of new restaurants in New York City

by [Tanay Warkerkar](#) | [@TanayWarkerkar](#) | Dec 5, 2019, 5:05pm EST



The interiors of Kitchen & Table | Kitchen & Table [Official]

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Flatiron: The team behind Greenwich Village’s [Cafe Clover](#) has launched a restaurant called **Kitchen & Table** that’s part of a private “wellness club” called the Well, but the restaurant is open to the public. The restaurant dubiously claims that practitioners at the Well have advised on “the use of vitamin-rich ingredients and healing properties of different herbs” —but they got a Per Se and Brooklyn Fare alum named Sherry Cardoso to be chef. Wellness claims aside, her menu has pretty normal-sounding, ABC Kitchen-like dishes like crisped salmon, a dosa with scrambled eggs, and lamb tagine. The restaurant is open daily for breakfast, lunch, and dinner. *2 East 15th Street, at the corner of Fifth Avenue*